



DASARATHI HAZRA MEMORIAL COLLEGE

BHATAR, PURBA BARDHAMAN, PIN-713125, WEST BENGAL

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ESTD.-2013

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বিজ্ঞপ্তি

এতদ্বারা কলেজের শারীরশিক্ষা বিভাগের সকল ছাত্রছাত্রীকে জানানো যাচ্ছে যে দ্বিতীয়, চতুর্থ ও ষষ্ঠ সেমিস্টারের আভ্যন্তরীণ মূল্যায়নের assignment, Practical Record Book and SEC আগামী 10/07/2021 তারিখের মধ্যে জমা দিতে বলা হচ্ছে। প্রত্যেক পরীক্ষার্থীকে বিষয়ভিত্তিক নির্দিষ্ট E-mail address-এ তাদের খাতা PDF format -এজমা দিতে হবে। Assignment, Practical Record Book and SEC এর topics নিম্নে উল্লেখ করা হলো।

Semester-2(Assignment)

E-mail-dhmcphysicaleducationsem2@gmail.com

Topics- Principles of Leadership activities and Importance of Sports Management

Semester-2(Practical)

E-mail-dhmcsem1practical@gmail.com

Topics- Track and field and Football, Volleyball

Semester-4 (Assignment)

Email- dhmcphysicaleducationsem4@gmail.com

Topics —Postural Deformities (Kyphosis, Lordship, scoliosis, Knock knees and Flat Foot), and Obesity, Diabetes

Semester-4(Practical)

Email-dhmcsem3practical@gmail.com

Topics- First-Aid, Hydrotherapy ,Thermotherapy

Semester-4 (SEC)



Email-dhmcsem3sec@gmail.com

Topics- Gymnastics and Yoga

Semester-6 General (Assignment)

Email-dhmcphysicaleducationsem5@gmail.com

Topics- Importance of psychology, Stress- Meaning and causes of stress

Semester-6 General (Practical)

Email-dhmcsem5practical@gmail.com

Topics- Assessment of Personality, Measurement of Reaction time

Semester-6 General (SEC)

Email-dhmcsem5sec@gmail.com

Topics-Ball games(Football, Volleyball)

Semester-6 GE

Email-dhmcphysicaleducationsem5ge@gmail.com

Topics- Principles of Health education, AAHPER Youth Fitness test



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